



## Cougars Can Fly!

We hope you had fun with your Family Literacy Challenge! I was so impressed with the creativity and engagement from some of our families. Reading and playing games together is one of the best ways you can support your student’s learning. Let’s not lose our literacy momentum just because the challenge is over. Here are a few literacy facts to help you stay motivated to read at home with your child.

WHY READ 20 MINUTES AT HOME?		
Student A Reads	Student B Reads	Student C Reads
❖ 20 minutes per day.	❖ 5 minutes per day.	❖ 1 minute per day
❖ 3,600 minutes per school year.	❖ 900 minutes per school year.	❖ 180 minutes per school year.
❖ 1,800,000 words per year.	❖ 282,000 words per year.	❖ 8,000 words per year.
❖ Scores in the 90 <sup>th</sup> percentile on standardized tests.	❖ Scores in the 50 <sup>th</sup> percentile on standardized tests.	❖ Scores in the 10 <sup>th</sup> percentile on standardized tests.
<p>If they start reading for 20 minutes per night in Kindergarten, by the end of 6<sup>th</sup> grade, Student A will have read for the equivalent of 60 school days, Student B will have read for 12 schooldays, and Student C will have read for 3.</p> <p><small>(Kang and Herman, 1987.)</small></p>		
<p><b>WANT TO BE A BETTER READER? SIMPLY READ.</b></p>		



March 2 is Dr. Seuss’ Birthday! Celebrate as a family by reading a few Dr. Seuss books at home. Remember you can continue to access the school library online to reserve books and have them sent home with your child. Thanks again for supporting our kids as they become readers!





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## Parent Support Group

Come explore parenting ideas in a supportive environment while connecting with and learning from other parents

CES is offering a Parent group every Second and 4th Thursday of the month starting March 11th at 7PM utilizing The Power to Parent series by Dr. Gordon Neufeld. It is a relationship-based approach to parenting that restores parents to their natural intuition and helps children realize their innate potentials as human beings. ... Neufeld offers a coherent approach that can guide parents in all their parental interactions with children of all ages. This DVD and discussion series will be facilitated by CES Family School Liaison Counsellors' Mark Peterson and Chloe Luck. This is open to parents of children in elementary school in the Cardston area. Please RSVP to CES office by March 5th to help get an idea of numbers expected. Thank you very much.

### Upcoming Events

- ◆ School Council Meeting- March 4
- ◆ Parent Support Group- March 11 7 pm
- ◆ PD Day- March 12
- ◆ Parent Teacher Interviews- March 18  
 (More information will follow, regarding phone or in person interviews.)
- ◆ No School (non instructional day for staff and students)- Friday, March 19
- ◆ Virtual Book Fair- March 17-24
- ◆ Moonlight Run- March 20-28
- ◆ Easter Break- Apr. 2-11
- ◆ Back to School- Monday, April 12



The Spring Scholastic Book Fair will be virtual again from March 17-24. The link will be sent to parents closer to the date. Orders placed on the night of Wednesday 17th will receive free shipping.

# MOONLIGHT VIRTUAL RUN



Come join us (and 4 other area schools) in the virtual Moonlight Run from March 20-28th. Families will run the race on their own schedules. Each participant will receive a Cougar Run Sticker. Sign up [here](#) to register. When registering, be sure to include that you are part of the CES group. If you have already registered, contact Runner's Soul and they will switch you to CES. You may run a 6K or 10K route of your choosing OR you can head over to [Strava](#) and access our very own Mr. Dobson's 6K route. Grab your runners, your family and enjoy spending time in the beautiful outdoors.

If you would like to enter for a \$100 gift certificate from Runner's Soul you may enter through AHS (entry form is below).

Healthy Lethbridge (AHS) invites you to take the Virtual Moonlight Run 2021 Challenge! Please visit <http://www.moonlightrun.com/> to register and then fill in our Healthy Lethbridge Moonlight Run Challenge form here <http://shorturl.at/tBJZ7> to qualify to be entered into a random draw for a \$100 gift certificate to Runners Soul.



### Hoop Dancing

All Grade 4 & 5 students were invited to participate in a hoop dancing class with Mr. Jerry First Charger. This is an optional activity that takes place every Wednesday during school hours. It is a great opportunity for students to learn instruction with our own Champion Hoop Dancer, as well as to connect with some of the First Nation's Culture.

Unfortunately we have not retrieved all of the hoops from past years, and we are in need of more at this time. If you have some hoops that you would be willing to let the students use, it would be appreciated.



### Junior ATG Program

**ATB Financial**<sup>®</sup>

We would like to thank Jeremy Townsend and the Cardston ATB Branch for bringing this valuable program to CES. It is helping students to become financially literate, this program also includes a \$1000.00 donation to our school. Junior ATB is an exciting program that offers students the opportunity to learn real money management skills within the walls of their school. Students will gain valuable work experience while improving their math and public speaking capabilities. By working together, students will also learn the value of teamwork, while enjoying the rewards of running their own business.

Our **Grade 5** students will be participating in the program through 2 virtual learning classes this year. Next year we look forward to implementing the program in full with our grade 5 students. This will allow them the opportunity to run a CES bank branch within the school!

If you would like to learn more about this program, please watch the following video:

- [Jr. ATB Video](#)